

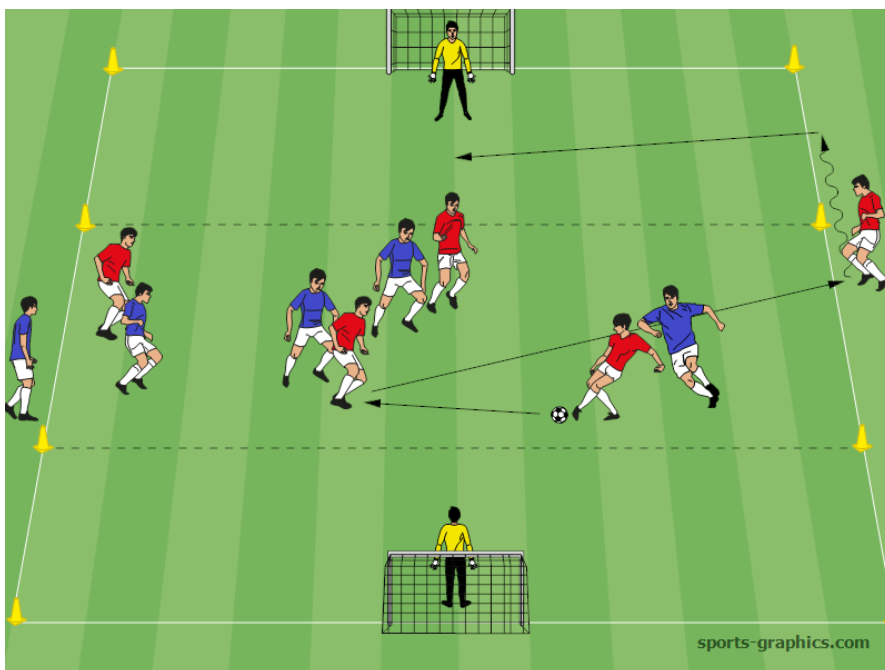
PLAYING OUT WIDE TO CREATE CROSSING OPPORTUNITIES

Develop good passing and support play

TACTICAL

Passing

Team Attacking



Set up a 50x40 playing area marked evenly into thirds with a small goal at each end. Size of playing area can be adjusted if necessary.

Arrange players into two even teams, with a goalkeeper in each goal, and a player for each team just outside the middle third as shown.

Play a 4v4 (adapt if necessary) within the middle area and look to utilise the outside player.

The outside player will take a touch into space down the line, look up, and cross the ball into dangerous areas around the goal. This must be done with speed to ensure it remains game-like.

It is then up to the players in the middle third to break in to try and get on the end of the cross.

Defenders can also go into the final third to try and defend.

VARIATIONS AND PROGRESSIONS

Each practice can be varied to adapt to the needs of players. Simple changes can increase or decrease the challenge. Examples such as changing the rules, the size of the area, overloading the advantage of one team, varying the focus, or setting team challenges will keep players motivated and all attribute to good coaching methodology.

LEARNING OUTCOMES

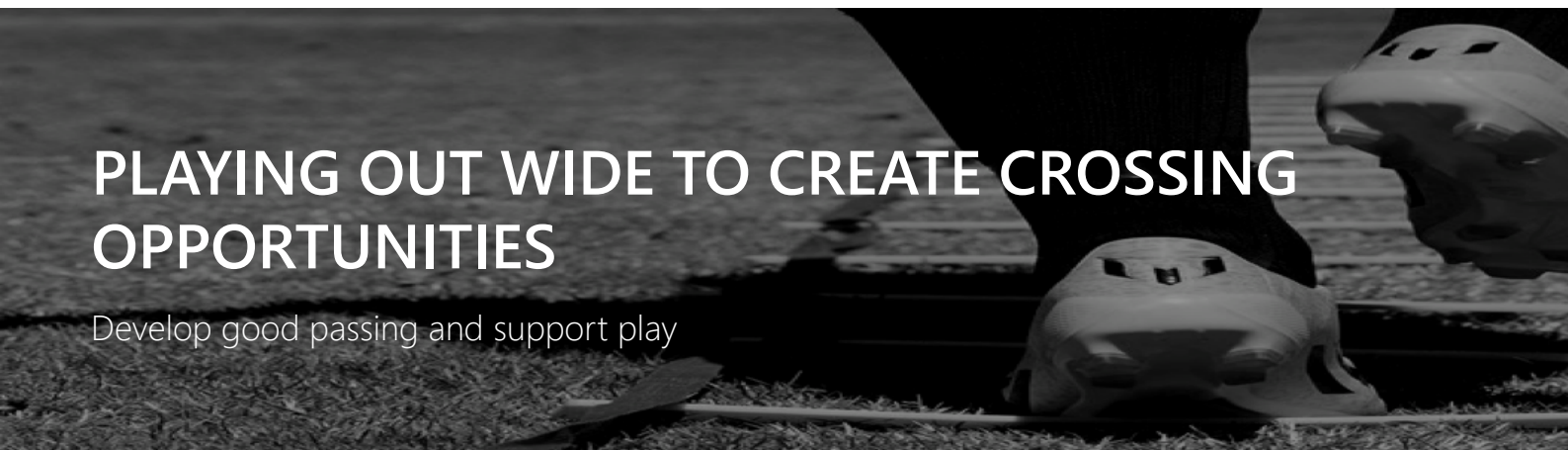
- Angles and distances of support. Does the player on the ball see a clear pathway to pass to a teammate?
- Awareness and decision of passing options. Which is the most effective pass?
- Correct passing technique.
- Correct technique to receive.
- How to support the ball correctly.
- Passing angles.
- To understand passing priorities and select the appropriate pass for the situation.
- Understanding of spatial awareness.

KEY FACTORS

- Communication
- Good angles and distances of support
- Good early decision making (on and off the ball)
- Good first touch
- Head up
- Movement
- Quality of pass (accuracy, timing and disguise of the pass)
- Support quickly

FOCUS AREAS

- Composure in tight-marked situation and awareness of need for patient build-up/possession play.
- Demonstrate good angles and distances of support.
- Encourage communication between the players.
- Encourage players not to force the pass.
- Ensure players spread out wide and long.
- First touch.
- Forward runs to create and exploit space.
- Keep the ball moving.
- Observe the session from different vantage points and make any key points quickly and precisely.
- Pass selection and end product.



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