

ATTACKING COMBINATIONS

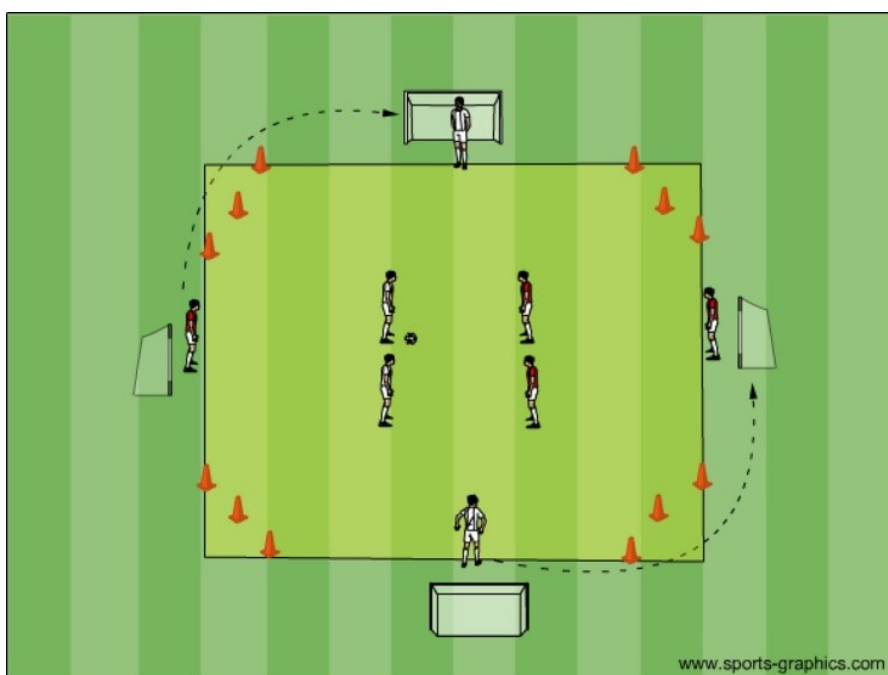
To improve combination play, good decision making and understanding general attacking principles

TECHNICAL

TACTICAL

Passing

Combination Play



Set up an area 20x20 with small goals positioned 5yds behind the middle of each line.

Play 2v2 inside the playing area and two players from each team outside, as shown. Practice starts with one team in possession within the area, looking to pass to each other or to use their two supporting players on the outside.

The attacking team attempt to score in any order into the four perimeter goals. Goal can be defended by the two outside players but they must run around the outside to protect the goal and not cut across the playing area.

If defenders inside the area gain possession they immediately become attackers and look to score.

Whichever team scores, they restart the

practice in possession.

If the ball goes out of play the practice restarts with original set up.

VARIATIONS AND PROGRESSIONS

Each practice can be varied to adapt to the needs of players. Simple changes can increase or decrease the challenge. Examples such as changing the rules, the size of the area, overloading the advantage of one team, varying the focus, or setting team challenges will keep players motivated and all attribute to good coaching methodology.

LEARNING OUTCOMES

- Improve the quality of passing and pass selection.
- Individual dribbling and shielding skills to beat defenders and create time and space to pass.
- Movement and combination play to create space.
- Passing and moving techniques and shielding skills.

KEY FACTORS

- Communication
- Good first touch
- Head up
- Keep the ball moving into space
- Movement
- Quality of pass (accuracy, timing and disguise of the pass)

FOCUS AREAS

- Attackers combining and working as a pair to deceive and elude defenders.
- Awareness of position in which player may receive ball.
- Composure in tight-marked situation and awareness of need for patient build-up/possession play.
- Encourage communication between the players.
- Encourage players to keep the ball moving.
- Encourage players to pass between the two defenders whenever possible.
- Individual dribbling skills in 1v1 situations.
- Passing angles and distances.
- Perimeter players need to react to change (loss of possession inside area) and switch role.
- Perimeter players' awareness of need to defend/cover goals and be available to receive passes from internal area.
- Switching play.

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